

February Newsletter



Embracing Renewal and Reflection in February

As we step into February, we continue to embrace the spirit of renewal that a new year brings. At Morgan Oaks Green Burial, this season offers a meaningful opportunity to reflect, reconnect, and nurture the values that guide us. Just as nature transitions through its cycles, this time of year encourages us to find inspiration in the quiet beauty of winter and the promise of what's to come.

Over the past year, we have been honored to support families and communities who share our commitment to sustainable and meaningful end-of-life practices. Each experience has deepened our appreciation for the connections we foster—to nature, to loved ones, and to the principles that shape our work. As we move forward in February, we do so with gratitude, dedication, and a renewed focus on creating spaces where life's most profound moments are honored with care and respect.

This month is not only a time for looking ahead but also for reaffirming the principles that define us. At Morgan Oaks Green Burial, we remain committed to honoring the earth, simplifying the end-of-life process, and providing compassionate support to every individual and family we serve.

Whether you are exploring green burial options, attending one of our upcoming events, or simply seeking a moment of reflection, we invite you to join us on this journey. Together, we can continue building a legacy that celebrates life, respects the environment, and embraces the renewal that comes with each passing season.

In this newsletter you can expect:

Community News

Peace of Mind Through Planning

Explore Morgan Oaks

We Love Your Feedback

We Reward You For Referrals

Green Burial Education



Community News

Welcome to this edition of our Community News, where we share updates, stories, and events that bring us together. At **Morgan Oaks Green Burial**, we believe that community is at the heart of everything we do. Whether we're supporting families, fostering sustainability, or celebrating life's meaningful moments, our shared connections make all the difference.

In this issue, we'll highlight recent happenings, upcoming gatherings, and insights that reflect our commitment to honoring both people and the planet. We invite you to explore, engage, and be part of the conversation as we continue building a community rooted in care, respect, and renewal.



Spotlight

Lady beetles, ladybugs, or ladybird beetles are among the most visible and best known beneficial predatory insects. Over 450 species are found in North America. Some are native to the United States and some have been introduced from other countries.

Coccinellids are generally considered useful insects as many species feed on aphids or scale insects, which are pests in gardens, agricultural fields, orchards, and similar places.



Event News

Morning Yoga with Natalie

Join us for a peaceful morning yoga session with Natalie on February 6th, from 10-11 am.

Tree Planting Season is Here!

The season runs from late November through early March. Our team is excited to create a lasting, living tribute.

Paws & Pose

A heartwarming walk at Morgan Oaks. Enjoy a scenic walk, a special toy, and a keepsake photo. Friday, Feb 21st, 10a-2p.



🌿 What's New at Morgan Oaks Green Burial 🌿

There's always something meaningful happening at **Morgan Oaks Green Burial**, and we're excited to share the latest updates with you! Whether it's new initiatives, upcoming events, or inspiring stories from our community, here's what's new:

🌟 Welcoming Ruthie to the Team!

Meet Ruthie, our adorable Micro Australian Labradoodle, who has quickly become a beloved part of our Morgan Oaks family! She loves exploring the preserve, greeting visitors, and, of course, showing off her zoomies. Be sure to say hello when you visit! 🐾

🌍 Green Burial Education Series

We're excited to launch a Green Burial Education Series to help families learn more about sustainable end-of-life options. These informative sessions will cover everything from the benefits of natural burial to how to start planning ahead. Stay tuned for dates and details!

🌿 Conservation Efforts & Preserve Updates

We are continually working to enhance and protect our beautiful eternal preserve. Recent conservation efforts include new native plantings, improved walking paths, and habitat restoration projects. Every burial here contributes to the protection of this sacred land for generations to come.

📅 Upcoming Community Events

We believe in the power of community and gathering in nature. Stay alert for forthcoming events and opportunities. These events provide a space for reflection, connection, and honoring loved ones.

📱 Stay Connected with Morgan Oaks

For the latest updates, stories, and inspiration, follow us on Facebook, Instagram, YouTube, and TikTok—all curated with care by our Social Media Coordinator, Alicia Angus!

Morgan Oaks Green Burial is always evolving, and we're honored to share this journey with you. Thank you for being a part of our community! 🌿❤️

Meet the Team: The Heart of Morgan Oaks

At Morgan Oaks Green Burial, our team is more than just a group of professionals—we are a dedicated community driven by a shared passion for honoring life, nature, and sustainable end-of-life practices. Each member brings unique skills, experiences, and heartfelt commitment to ensuring that every family we serve receives compassionate care.



Ruthie

Say hello to Ruthie, the newest (and fluffiest) member of the family! Born in September 2024 in Elk Grove, CA, Ruthie is a Micro Australian Labradoodle who will grow to be about 15 pounds of pure joy.

One of Ruthie's favorite places to visit is Morgan Oaks Eternal Preserve, where she loves meeting new friends and soaking in the peaceful surroundings. She can't wait to greet you with a wagging tail and lots of puppy love!



Sarina

Sarina is a dedicated mom who brings energy, warmth, and enthusiasm to everything she does. A lover of the outdoors and an active lifestyle, she finds joy in staying fit, spending time with her family and friends, and exploring new interests. From hiking and long walks to cheering on her kids at their sports games, Sarina's days are filled with meaningful moments and connections.

When she's not outdoors, you might find her at the gym, enjoying a good movie, decorating, or learning new skills.



Alicia

Meet Alicia Angus, a seasoned social media marketing coordinator with over a decade of experience helping businesses thrive online. Based on the Southern Georgia Coast, she brings passion for storytelling and community engagement to her work.

Since May, Alicia has enjoyed collaborating with Morgan Oaks Eternal Preserve, inspired by their commitment to environmental stewardship.

Connect with Morgan Oaks on our social media, all managed with care by Alicia!



Join Us on TikTok and Beyond! 🌱

At **Morgan Oaks Green Burial**, our mission is to provide compassionate, eco-conscious burial services that honor your loved ones while protecting the environment. As part of our commitment to fostering connection and raising awareness about sustainable practices, we're thrilled to announce our new **TikTok page!**

Our digital community is growing, and TikTok is now the place to find us for short, engaging videos that inspire, educate, and connect. Here's what you can look forward to:

What You'll Find on TikTok

- **Uplifting Stories:** Heartfelt tributes and stories that showcase the beauty and meaning of green burial.
- **Eco-Tips & Insights:** Quick, actionable tips on living sustainably and how green burial practices contribute to a healthier planet.
- **Behind the Scenes:** A closer look at our serene grounds, eco-friendly practices, and the compassionate care we provide.

Why Join Us on TikTok?

- **Stay Inspired:** Get a fresh perspective on sustainable living and how small choices make a big difference.
- **Learn and Share:** Discover the benefits of green burial, eco-conscious living, and ways to connect with nature meaningfully.
- **Be Part of the Conversation:** Share your thoughts, ask questions, and engage with a growing community that values sustainability and compassion.

We're excited to bring our message of love, respect, and environmental stewardship to **TikTok**, and invite you to be part of the journey! Follow us now and explore more on **Facebook**, **Instagram**, and **YouTube** for updates, events, and deeper dives into all things green burial and sustainable living.

Together, let's create a more compassionate and eco-friendly world—one video at a time. 🌱

Community Bulletin Board

Morgan Oaks High School Sports Calendar

Morgan Oaks loves and supports our community's athletes! Get ready to cheer on our student-athletes as they showcase their dedication, teamwork, and talent on the field, court, and track. Stay up to date with all the upcoming games, meets, and tournaments right here on our High School Sports Calendar.

Game Days – Mark your calendars for key matchups and rivalry showdowns!

🏀 **Home & Away Schedules** – Know where to be to support our teams.

🎆 **Special Events** – Senior nights, championships, and more!

📍 **Locations & Times** – Never miss a kickoff, tip-off, or first whistle.

[Lincoln High School](#)

[West Park High School](#)

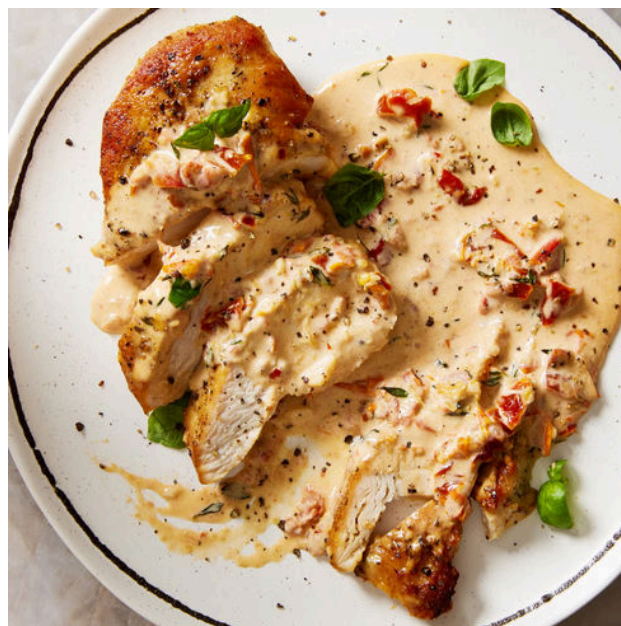
[Rocklin High School](#)

[Granite Bay High School](#)

[Twelve Bridges High School](#)

Recipe of the Month: The Original Marry Me Chicken

- 3 Tbsp.
- extra-virgin olive oil, divided
- 4
- (8-oz.) boneless, skinless chicken breasts
- Kosher salt
- Freshly ground black pepper
- 2
- cloves garlic, finely chopped
- 1 Tbsp.
- fresh thyme leaves
- 1 tsp.
- crushed red pepper flakes
- 3/4 cup
- low-sodium chicken broth
- 1/2 cup
- chopped sun-dried tomatoes
- 1/2 cup
- heavy cream
- 1/4 cup
- finely grated Parmesan
- Torn fresh basil, for serving



Step 1.

Preheat oven to 375°. In a large ovenproof skillet over medium-high heat, heat 1 tablespoon of oil. Generously season chicken with salt and black pepper and cook, turning halfway through, until golden brown, about 5 minutes per side. Transfer chicken to a plate.

Step 2.

In the same skillet over medium heat, heat the remaining 2 tablespoons of oil. Stir in garlic, thyme, and red pepper flakes. Cook, stirring, until fragrant, about 1 minute. Stir in broth, tomatoes, cream, and Parmesan; season with salt. Bring to a simmer, then return chicken and any accumulated juices to the skillet.

Step 3.

Transfer the skillet to the oven. Bake chicken until cooked through and juices run clear when chicken is pierced with a knife, 10 to 12 minutes.

Step 4.

Arrange chicken on a platter. Spoon sauce over. Top with basil.



Planning for Peace: A Thoughtful Approach to Green Burial

Life is a journey filled with transitions, and one of the most profound is the passage from life to death. While it may be a difficult topic to consider, planning ahead for your end-of-life wishes is a powerful and compassionate gift—to yourself and to those you love. At Morgan Oaks Green Burial, we invite you to embrace the peace of mind that comes with knowing your final choices reflect your values and ensure a lasting connection to the earth.

Why Plan Ahead?

Thinking about end-of-life arrangements can feel overwhelming, but taking a proactive approach allows you to shape your legacy with intention. Preplanning your green burial removes uncertainty for your loved ones, giving them clarity and relief from difficult decisions during a time of grief. Instead of focusing on logistics, they can honor your memory with love and presence.

Beyond easing the burden on your family, planning ensures your final resting place aligns with your values. For those who cherish sustainability, a green burial offers a way to extend that commitment beyond life. This eco-friendly choice minimizes environmental impact, honors the natural cycles of the earth, and creates a simple, meaningful resting place that reflects the beauty of nature.

A Legacy of Connection and Conservation

Green burial is a natural alternative to conventional burial methods, replacing embalming chemicals, metal caskets, and concrete vaults with biodegradable materials that allow your body to return to the earth. This process enriches the soil, nourishes the ecosystem, and contributes to the preservation of natural spaces for future generations.

At Morgan Oaks Green Burial, every burial is part of a larger story—a story of renewal, connection, and honoring the planet through mindful choices. By choosing green burial, you're not only preserving nature but also creating a final resting place that embodies harmony, respect, and sustainability.

A Meaningful Conversation with Loved Ones

Planning ahead also opens the door to thoughtful conversations with family and friends. While these discussions can be emotional, they offer an opportunity to share your wishes, express your values, and create a deeper understanding of how you want to be remembered. These moments of connection often bring families closer and provide reassurance that your legacy will be honored in a way that aligns with your intentions.

How to Begin the Journey

At Morgan Oaks Green Burial, we are here to support you every step of the way. Our experienced team will guide you through the process, helping you choose the right resting place and answering any questions you may have about green burial. We are committed to making this journey as smooth, informative, and meaningful as possible.

Whether you're ready to formalize your plans or simply beginning to explore your options, now is the perfect time to take this important step toward peace of mind.



Continued...

Peace of Mind Through Planning: The Gift of a Green Burial

Embrace the Gift of Planning


This season is one of reflection, renewal, and intention. By planning your green burial, you are not only preparing for the future but also making a meaningful statement about the values that guide your life. You are gifting yourself the peace of knowing your wishes will be honored—and giving your loved ones the comfort of clarity, free from uncertainty.

Let us help you take this step with confidence and care. Contact Morgan Oaks Green Burial today to learn more about the benefits of preplanning. Together, we can ensure your final chapter is one of intention, harmony, and deep connection to the earth.

"Planning today is a gift of peace tomorrow."

Let us help you make that gift a reality.

CONVENTIONAL CREMATION BURIAL	VS	GREEN BURIAL
AVERAGE SINGLE PLOT PRICE: \$3,295 (\$1,595 - \$4,995)		AVERAGE SINGLE PLOT PRICE: \$1,356 (\$940 - \$1,772)
AVERAGE ADD-ONS REQUIRED (Outer burial container & container installation): \$1,090		AVERAGE ADD-ONS REQUIRED (Not required for green burial): \$0
PROCESSING FEE: \$250		PROCESSING FEE: \$250
OPENING & CLOSING: \$1,195		OPENING & CLOSING: \$500
AVERAGE URN PRICING: \$598 (\$395 - \$800)		AVERAGE URN PRICING: \$400 (\$250 - \$550)
AVERAGE TOTAL COST TO BURY YOUR LOVED ONE: \$6,428		AVERAGE TOTAL COST TO BURY YOUR LOVED ONE: \$2,506* *10% ENDOWMENT ADDED
		
AVERAGE SAVINGS WITH GREEN BURIAL: \$3,922 61% MORE VALUE WITH GREEN BURIAL!		
		

CONVENTIONAL BURIAL	VS	GREEN BURIAL
AVERAGE SINGLE PLOT PRICE: \$7,495 (\$5,995 - \$8,995)		AVERAGE SINGLE PLOT PRICE: \$3,819 (\$3,318 - \$4,319)
AVERAGE ADD-ONS REQUIRED (Outer burial container, container installation): \$2,100		AVERAGE ADD-ONS REQUIRED (Not required for green burial): \$0
PROCESSING FEE: \$250		PROCESSING FEE: \$250
OPENING & CLOSING: \$2,495		OPENING & CLOSING: \$600
AVERAGE CASKET PRICING: \$5,950 (\$1,900 - \$10,000 +)		AVERAGE CASKET PRICING: \$1,650 (\$800 - \$2,500)
AVERAGE TOTAL COST TO BURY YOUR LOVED ONE: \$18,290		AVERAGE TOTAL COST TO BURY YOUR LOVED ONE: \$6,319* *10% ENDOWMENT ADDED
		
AVERAGE SAVINGS WITH GREEN BURIAL: \$11,971 65% MORE VALUE WITH GREEN BURIAL!		
<p>833.667.4266 www.MorganOaksGreenBurial.com LIC #COA 667</p>		



Green Burial Education: A Guide to Natural End-Of-Life Care

We believe in empowering individuals and families with knowledge about eco-friendly end-of-life options. A green burial is more than just an alternative to traditional burial—it's a return to nature, a commitment to sustainability, and a deeply meaningful way to honor life's final transition. This page is designed to answer your questions, provide valuable insights, and help you explore how green burial aligns with your values.

🌱 What is Green Burial?

A green burial is a natural, environmentally friendly alternative to conventional burial methods. It allows the body to return to the earth in a way that minimizes environmental impact and supports natural ecosystems. Key Features of Green Burial:

- ✅ No embalming chemicals
- ✅ Biodegradable caskets, shrouds, or urns
- ✅ No concrete vaults or metal caskets
- ✅ Preservation of natural landscapes
- ✅ Reduced carbon footprint

Unlike traditional burials, which often involve toxic chemicals and non-biodegradable materials, green burials focus on simplicity, conservation, and sustainability.

🌿 Why Choose Green Burial?

Choosing a green burial is a personal and profound decision that reflects a deep respect for nature and a commitment to leaving a lighter footprint on the earth. Here are some of the reasons why many individuals and families choose this path:

1. Environmental Benefits

- 🌍 **Preserves Natural Landscapes:** Green burial sites are protected from future development, ensuring that forests, meadows, and wildlife habitats remain undisturbed.
- 🌱 **Reduces Chemical Pollution:** By avoiding embalming chemicals like formaldehyde, green burials prevent harmful substances from entering the soil and water.
- ♻️ **Encourages Natural Decomposition:** The body returns to the earth naturally, enriching the soil and supporting local ecosystems.

2. Simplicity & Affordability

💰 **Lower Costs:** Without expensive vaults, metal caskets, or embalming, green burials are often more affordable than conventional options.

🌿 **Minimalist Approach:** Green burial focuses on simplicity, removing unnecessary complications and allowing for a more personal, peaceful experience.

3. Spiritual & Emotional Connection

🌱 **A Return to Nature:** Many people find comfort in knowing that their final resting place will be a part of the natural world, rather than a structured cemetery.

🌿 **A Living Legacy:** By choosing a green burial, you leave a legacy of conservation and renewal, contributing to the protection of sacred natural spaces for future generations.



Continued...

Green Burial Education: A Guide to Natural End-Of-Life Care

🌍 How Does Green Burial Work?

A green burial follows a natural process that ensures a peaceful return to the earth:

Step 1: Selecting a Green Burial Site

At Morgan Oaks Green Burial, we offer preserved natural spaces where burial sites blend seamlessly into the landscape. Families can choose a location that resonates with their values and connection to nature.

Step 2: Choosing Biodegradable Materials

Instead of a traditional casket, green burials use:

- ✓ Biodegradable wooden or woven caskets
- ✓ Natural fiber shrouds
- ✓ Simple urns for cremated remains

Step 3: Burial Without a Vault

Unlike conventional burials that require concrete vaults, green burials allow the body to decompose naturally. This helps restore nutrients to the earth and maintains the natural balance of the ecosystem.

Step 4: A Natural Memorial

Instead of a traditional headstone, natural markers such as native plants, engraved river stones, or GPS coordinates may be used to honor the memory of the departed while preserving the beauty of the land.

💬 Common Questions About Green Burial

Is green burial legal?

Yes! Green burial is legal in all 50 states, though regulations vary. Morgan Oaks Green Burial meets all state and local requirements to provide ethical, sustainable burial options.

Can I preplan a green burial?

Absolutely. Preplanning allows you to make informed choices, relieve the burden on loved ones, and ensure that your wishes are honored.

What happens if my family isn't familiar with green burial?

Education is key! We encourage families to attend our Green Burial Education Series, where they can learn about the process, ask questions, and explore their options.



Celebrate the Moments at Morgan Oaks Eternal Preserve

At Morgan Oaks Eternal Preserve, every visit is a chapter in a larger story—your story. Whether it's a quiet walk through our peaceful woods, the glow of sunrise casting its light on nature's beauty, or a tender moment shared with loved ones, these experiences capture the heart and spirit of this sacred space.

We cherish these stories and want to celebrate them with you! By [sharing your photos and videos from your visits](#), you can help us inspire others while honoring the serenity, connection, and beauty that Morgan Oaks represents. Your shared memories enrich our community and deepen the bond between nature and all who visit.

★ Why Share Your Moments?

- **Inspire Others:** Let your captured moments reveal the tranquil beauty and restorative power of Morgan Oaks to those who haven't yet visited.
- **Preserve the Memories:** Sharing your experiences ensures that the emotions and connections you've felt here live on.
- **Build Community:** Together, we can weave a shared tapestry of stories that reflect the soul of this remarkable place.

★ How to Share Your Story:

1. **Visit Our Submission Form:** Click [here](#) to upload your photos and videos with ease.
2. **Choose Your Favorites:** Select the moments that capture the essence of your visit, and we'll share them with our growing community.

★ Where Your Memories May Shine:

- **On Our Website:** Your shared moments help others discover the peace and beauty of Morgan Oaks.
- **Across Social Media:** Inspire others to visit and experience the Preserve's magic through your lens.
- **In Community Spotlights:** Be part of our collective story by contributing to the experiences we celebrate.

By sharing your cherished moments, you become an integral part of a legacy rooted in love, nature, and connection. Each story adds to the vibrant tapestry of life at Morgan Oaks, and we are deeply grateful for your contributions.

Thank you for being part of the Morgan Oaks community and for helping us preserve the wonder and magic of this extraordinary sanctuary. We can't wait to see Morgan Oaks through your eyes! 🌿❤️

Share your story [here](#).

Explore Morgan Oaks Eternal Preserve

Welcome to Morgan Oaks Eternal Preserve! Our serene landscape offers the perfect escape into nature, whether you're looking for a peaceful stroll or a lively trek with your dog by your side. Our trail system is thoughtfully designed, with pathways that weave through breathtaking natural scenery, open fields, and shaded woodlands.

Open to the Public

We're excited to welcome you! Our trails are free and open to the public every day, allowing you the flexibility to visit when it's most convenient for you. Whether you're here for a morning walk, an afternoon adventure, or a sunset stroll, our trails provide a safe and refreshing environment for all ages and abilities.

Dog-Friendly

Bring along your four-legged friend! Morgan Oaks is dog-friendly, and we invite you to explore with your canine companion. Just remember to keep pets on a leash and be mindful of others as you enjoy the natural surroundings together.

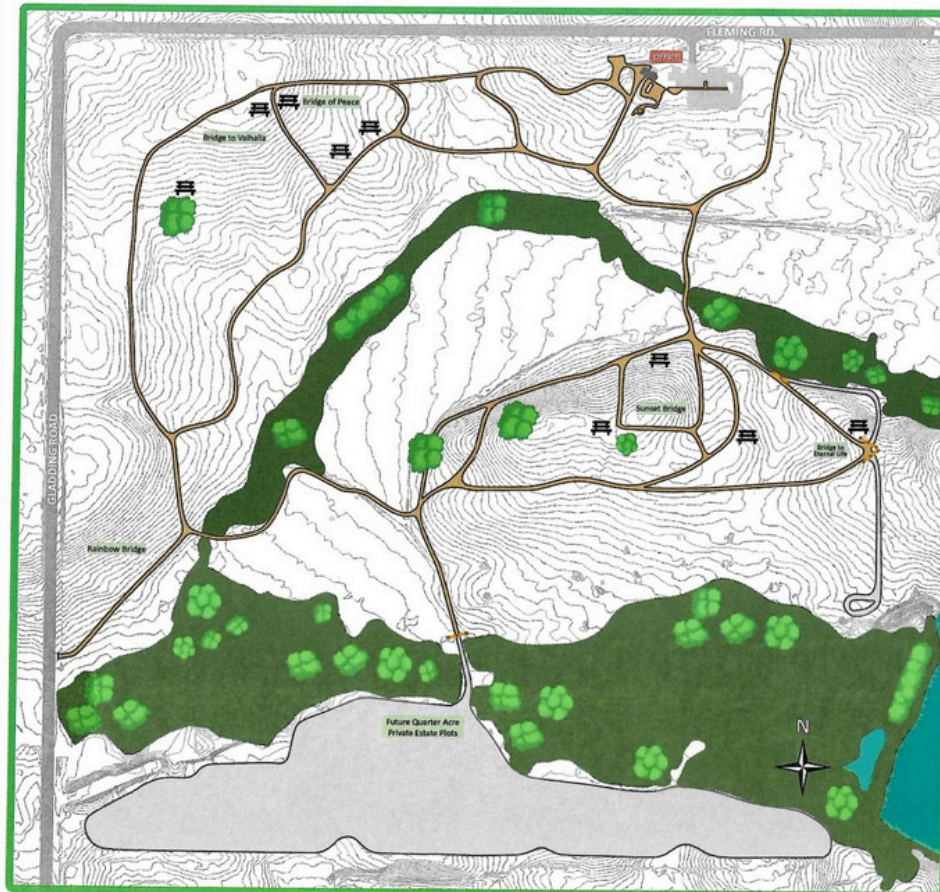
Trail Highlights

Scenic Paths: Enjoy trails that wind through various landscapes, from sunlit meadows to quiet forests.

Well-Marked Routes: Our clearly marked paths make it easy to choose a route that fits your pace and preferences.

Picnic Spots & Rest Areas: Take a break and soak in the beauty of Morgan Oaks. Designated rest areas along the trail offer spots to relax and refresh.

So grab your walking shoes, leash up your pup, and come explore Morgan Oaks Eternal Preserve! We look forward to seeing you on the trails.



GARDEN GUIDE

- Bridge to Valhalla - Veteran Garden
- Bridge of Peace - Garden with Serene Views
- Sunset Bridge - Garden with Sunrise and Sunset Views
- Bridge to Eternal Life - Jewish Garden
- Rainbow Bridge - Beloved Animals, Large & Small

Approved, Walkable Path

Maintenance Path

Seating Area

KEEP AN EYE OUT FOR THESE FEATHERED AND FURRY FRIENDS!





Your Feedback Is Important To Us!

We would be grateful if you could take a moment to share your experience with us. Whether you'd like to comment on our services, our dedicated staff, or the tranquil beauty of our preserve, your feedback is invaluable.

Leaving a review is easy, click here:

- **Google:** bit.ly/MOGoogleReview
- **Facebook:** bit.ly/MOFacebookReview

Why Your Review Matters:

1. **Helps Others:** Your feedback offers guidance to families seeking a respectful, natural farewell for their family.
2. **Enhances Our Services:** Your constructive input helps us identify areas for improvement.
3. **Supports Our Mission:** Positive reviews help us raise awareness about green burials.

Thank you for being a part of the Morgan Oaks community and for helping us make a difference through your feedback. Your voice matters!

Refer a Friend and Earn a \$100 Visa Gift Card!

How It Works:

1. **Refer a Friend or Family Member:** Know someone interested in our compassionate, environmentally friendly services? Refer them to Morgan Oaks Green Burial.
2. **They Mention Your Name:** When your referral arranges a green burial service with us, they just need to mention your name during their consultation.
3. **Receive Your Reward:** After the service is completed, you'll receive a \$100 Visa gift card as a thank-you from us!

Why Choose Morgan Oaks Green Burial?

- **Sustainable Practices:** We prioritize eco-friendly burials that conserve natural resources and reduce environmental impact, offering a serene and sustainable resting place.
- **Personalized Support:** Our team provides caring, individualized guidance to ensure that every family's wishes are honored with dignity and respect.
- **Community-Driven:** By choosing Morgan Oaks, you're supporting a movement toward more sustainable and responsible burial practices.

Get Started Today!

If you have friends or family considering green burial options, let them know about Morgan Oaks. They'll receive exceptional care, and you'll be rewarded for spreading the word about our mission.

For more details or to make a referral, visit our website at www.morganoaksgreenburial.com or contact us directly.

Thank you for your continued support in helping us promote sustainable and meaningful end-of-life options. Together, we can make a difference!



Thank You for Sharing February with Us!

As we close out our February newsletter, we want to express our heartfelt gratitude for being such an essential part of the **Morgan Oaks** community. February is a time for reflection, connection, and renewal, and your continued support inspires us as we embrace the year ahead.

This month, we've experienced the quiet beauty of winter at **Morgan Oaks**, from peaceful walks through the preserve to meaningful moments of remembrance and connection. Whether through shared stories, gatherings, or time spent in nature, your presence reminds us of the deep bond that makes this sanctuary so special.

As we move forward, we look forward to creating more opportunities for **community, sustainability, and lasting memories**. Together, we can continue to honor nature, celebrate life, and build a space of peace and reflection.

Wishing you a February filled with warmth, connection, and moments of renewal! 🌱❤️

Thank you for reading!

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